

SADESATI REMEDIES

Native will be under the influence of Shani's Sadesati whenever Saturn passes through the twelfth, first and second houses from the natal moon.

"If you hope to prevent Saturn from mangling your life, as he has mangled so many lives, make regular offerings of black sesame seeds, sesame oil, and sugar on Saturday to an iron image of the Saturn; also, make Saturday donations of sesame and iron to the needy.

Natives have to worship, give alms, and to have mantras recited for lord Saturn, so that to satisfy Lord Saturn and to reduce the intensity of his tortures in Sade Sati.

Donate black gram, black cloth, iron, and oil to a Brahman, and feed Brahmans.

"Select a learned and devout Brahman and have him recite Saturn's mantra for you 23,000 times.

If you have mantras recited for you and feed some Brahmanas, and if you revere and worship those Brahmanas who perform these rituals for you as if they were Saturn himself, Saturn will become peaceable. When he has become satisfied by these means, Saturn will protect you during your seven-and-a-half years in the same way that he would protect his own son."

When Saturn is well placed or well aspected in horoscope, it gives integrity, wisdom, spirituality, fame, patience, ability to lead, authority, long life, organizational abilities, sincerity, honesty, love of justice, awareness of right and wrong.

"If Saturn is not favorably posited in a natal chart, it makes the native greedy, morbid, and gloomy. They continuously suffer from losses and psychosomatic problems caused by disturbance in their body chemistry.

Saturn is a planet of confinement. When it is ill posited or badly aspected in a chart, it brings obstruction, delay, humiliation, enmity, bad karmas, lawsuits, and prison. It makes people lonely, pessimistic, afraid, and subject to premature aging, drug addiction, and gives them suicidal tendencies.

When Saturn is not properly placed or ill aspected it brings miseries, sorrow, delay, obstruction, disappointment and dis-harmony, disputes, dejection, difficulties, despondency and destruction (death).

It is advisable that you should be alert undertaking any major activity during the period of Shani's Sadesati, because unexpected hurdles may come across your path during this period.

MANTRAS FOR SADESATI

Recite or get it recited by a Brahmin the following mantra for 23000 times on Saturday: -

ॐ प्रॉ प्रीं प्रों सः शनैश्वराय नमः

{Om Praam Preem Prom Sahh Shanaishwaraay Namah }

To get benefic effects of Sade-Sati on health, mental peace, family happiness, finance & profession you are suggested for Maha-Mrityunjaya Japa. Get the following mantra enchanted for 125000 times.

ॐ त्र्यम्बकम् यजामहे सुगन्धिं पुष्टिवर्धनम् ।

उर्वारुकमिव बन्धनात् मृत्योर्मुक्षीय मामृतात् ।

Om Trayambakam Yajaamahe Sugandhim Pushtivardhanam
Urvarukmiv Bandhanaat Mrityormuksheey Maamrutaat

Optionally enchant 108 times the following mantra everyday in the morning: -

ॐ हों जूं सः ॐ भूर्भूवः स्वः ॐ

{Om Hom Joom Sahn Om Bhoorbhoovah Swaha Om}

You are also suggested to wear an iron ring made of horse-shoe or nail from a boat. You are suggested not to wear Blue Sapphire since Saturn is not a benefic planet for you. Wear the iron ring in middle finger of right hand. Wear this stone in waxing moon on Saturday in the evening half an hour before sunset. Pushya, Anuradha or Uttara Bhadrapad Nakshatra on that day is preferred. Keep fast on that Saturday. Before wearing the ring, clean it in fresh milk and Ganga water, light incense stick, perform Pooja and recite the following mantra 108 times: -

ॐ शं शनैश्वराय नमः ।

{Om Sham Shanaishwaraay Namah}